

Marsaleeva college of Arts and Science, Rajamudi.

Date: 2-9-2022

Place: Marayoor.

## AWARENESS CLASS



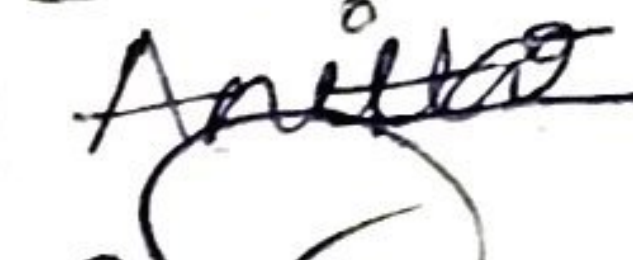
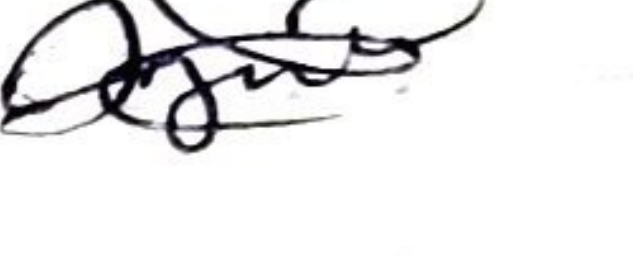
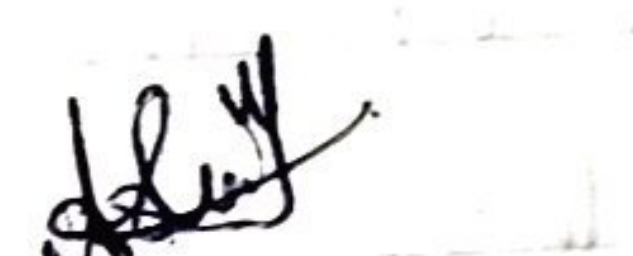
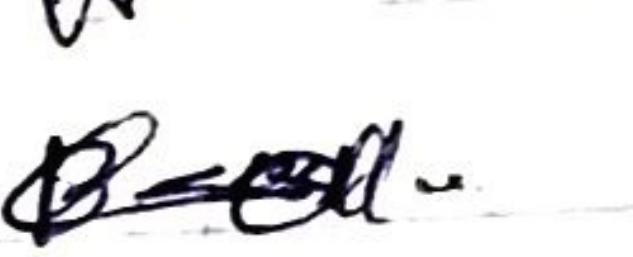
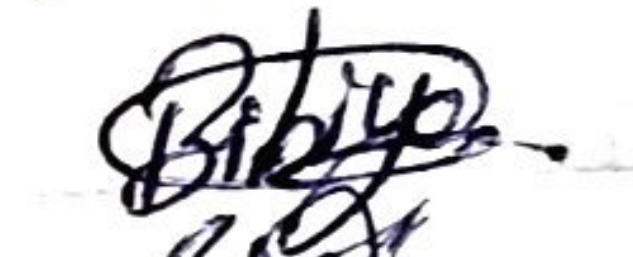


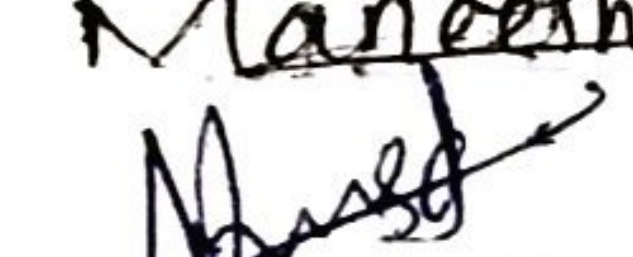

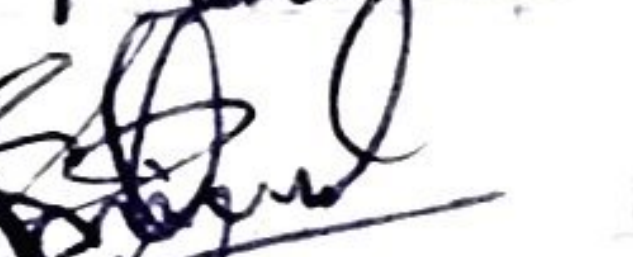
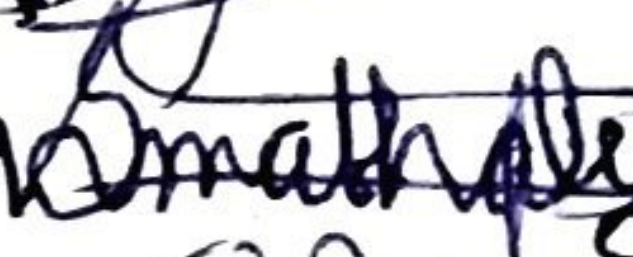


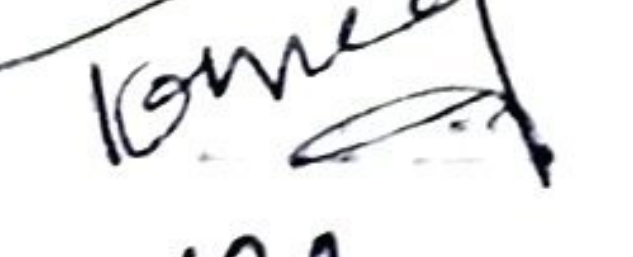



The department of Social Work in Marsaleeva College of Arts and Science, Rajamudi conducted a awareness class for the students of St. Mary's LP's school Pallanad on 2/09/2022. The social work trainees took awareness class on the topic like Intrapersonal Relationship and distinguish between good & Bad touch. Social work trainee Bibiya Augustine lead the class on the topic like intrapersonal relationship by taking the class was started with ice-breaking session in order to build rapport with the students by several activities. The trainees explained the intrapersonal relationship and its importance of the relationship to the students. The class also covered several subtopics like maintenance of healthy relationships, good communication skill, social associations, connections, affiliations between two or more people etc. Social work trainees imparted insight that people with healthy relationships, have more happiness and less stress. Intrapersonal relationships can help build a support system that provides strength as you cope with life's challenge.

Later session was handled by Mili Mary Mathew on the topic Good and Bad touch. Aim of this class is to make the distinguish between Good and Bad touch in present scenario. In that class the social work trainee explained about how to identify the touch towards them from others and how to manage safely and made them aware about the legal support to them from the constitution of India as POSCO (Protection of children from sexual offence Act). The social work trainees gave



small sweets for the cooperation and participation of different activities which made their day. Voluntary participation from students like small songs. Some students voluntarily performed on the stage with sang a song held balloons on their hand. The program ended with a tea party provided to social work trainees by the staff members of the school.

### List of participants.

1.	Amees Alikhan	
2.	Anaha p s	
3.	Anitta Tomy	
4.	Anjitha Tom	
5.	Aparna Manoj	
6.	Asha Rose Mathew	
7.	Bessymol Benny	
8.	Bibiya Augustine	
9.	Jebymol Jeliney	
10.	Kiya Baby	
11.	Maneesha Maria Mathew	
12.	Miri Mary Mathew.	
13.	Meera Mathew.	
14.	Sebin Joseph	
15.	Stephy Paul.	
16.	Tibin Sebastian.	
17.	Theertha S. kumar	
18.	Tomy Dominic	
19.	Nithya Mathew.	
20.	Valshnavi Saleu.	